

Anubhav Industrial Resources Limited

Regd. Office: 04, Prathmesh Leela CHS Ltd, New MHB Colony, Gorai Road,
Near Sai Lee Hospital, Mumbai – 400091, Maharashtra, India.

CIN: L17117MH1985PLC282717; Ph. No. +91 022-66970244/45

Website: www.anubhavindustrialresources.com; Email id: anubhavindustrial@gmail.com

Date: August 04, 2016

To,
Metropolitan Stock Exchange of India Ltd.
(Formerly known as "MCX Stock Exchange Limited")
Vibgyor Towers, 4th floor,
Bandra Kurla Complex,
Bandra (E), Mumbai – 400 098.

To,
Deputy General Manager,
Department of Corporate Service,
BSE LIMITED.
Floor 1, Rotundra Building,
Dalal Street, Mumbai – 400 001.

Subject: Advance intimation of the Board Meeting pursuant to Regulation 29 of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015.

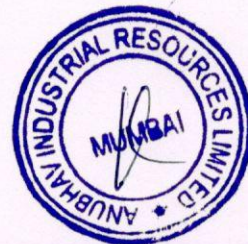
BSE Ref:
SCRIP ID: AIRL
SCRIP CODE: 539697

Dear Sir/Ma'am,

This is to inform you that pursuant to Regulation 29 of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015, a meeting of the Board of Directors bearing serial no. 2, of **M/s. ANUBHAV INDUSTRIAL RESOURCES LIMITED** will be held on Saturday, August 13, 2016 at 12:00 P.M. at the registered office of the Company, inter-alia, to consider the Un-Audited Financial Results of the Company for quarter ended June 30, 2016.

Further, a meeting of the Audit Committee of Directors will also be held on the same date immediately before the above mentioned Board Meeting to discuss the aforesaid Annual Audited Accounts and Audited Financial Results.

Further, in accordance with SEBI [Prohibition of Insider Trading] Regulations, 2015 read with Company's Code of Conduct to Regulate, Monitor and Report Trading by insiders, the "Trading Window" for dealing in the Equity Shares of the Company shall remain closed from August 06, 2016 to August 15, 2016 [both days inclusive].



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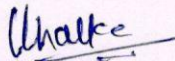
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Request you to kindly take this letter on record and acknowledge the receipt.

Thanking you,

Yours truly,

For ANUBHAV INDUSTRIAL RESOURCES LIMITED


VIDYA MAHESH CHALKE
MANAGING DIRECTOR
DIN: 02903650

